



***Life-Link Friendship-Schools Programme***  
**an inspiration for Youth and Schools world-wide.**  
**A choice among more than 50 concrete peace actions/projects that**  
**will benefit your schools International Curriculum and promote a**  
**Global Classroom at low price.**

More than 370 schools in 60 countries today profit from the campaign: "Youth Caring and Sharing Peace Actions/Projects at Schools World-wide 2000+".

Proposed peace actions are listed below, and a manual as well as the web-site [www.life-link.org](http://www.life-link.org) offers guidelines for each of the peace actions. Your class or some classes together, or a youth club can at low costs perform peace action/s either within the schools curriculum or during a few hours' extracurricular activities.

The Life-Link programme "Campaign 2000+" has two interrelated parts:

1. **Peace Actions (projects, lectures).** Youth, age preferably 12-19, in co-operation with teachers and preferably also with parents and community resource people involved, perform one or several "2 hours" or part-day peace actions as proposed in the Life-Link Manual 2000. The peace actions/projects can be chosen from a list of more than 50 actions within the themes of *Care for Myself, Care for Others, Care for Nature* and *Lets Get Organised*. The actions should take place at and around your school or within the nearby community, and can be initiated by a class or a club at your school. Each performed peace action should be reported to Life-Link on a short Report Form by mail, fax or E-mail.  
For new schools: By sending the first Action report, your school will be accepted and the school will be listed on [www.life-link.org](http://www.life-link.org) - Click: *Schools & Actions* - Click: *your country* - Click: *your school*. The Life-Link programme needs no application form or entrance fee! Just join!
2. **School-Linking or Partner-Schools collaboration.** When your school and your performed action/s are listed on [www.life-link.org](http://www.life-link.org) *Schools&Actions*, you can study if other schools in the world have performed similar peace action/s. Just make a search on the specific peace action/s. Your class/club/school might be interested to contact other school/s in order to exchange protocols and experiences. You are allowed to take such contacts directly using any available means of communication. Life-Link stresses the importance that you in your first approach propose a time-limited partner-schools collaboration, perhaps "2-months", and also describe what communication you want to carry out. A partner-schools collaboration benefits from good planning, project management. Prolonged collaboration and projects can of course be the result of the first contact. Individual Pen-pal contacts can grow out from early Partner-Schools contacts, and continue after that the Partner-Schools programme is finalised.

### Life-Link Programme - Ethics

The Life-Link programme is built on natural and social sciences. Life-Link has neither political nor religious strings. The basic ethical values are to take Care, to take personal Responsibility and to Behave with a strategy of Global Citizenship.

The Life-Link concept of "peace" is to develop sustainable relations on three interrelated levels:

- ❖ **Care for Myself** - The relation with myself including my concern for a healthy lifestyle.
- ❖ **Care for Others** - My relation with other people, including the traditional definitions of "Peace" and "Human rights".
- ❖ **Care for Nature** - My relation with Nature, the "environment"; A relation to be built in accordance with sustainable development within planet Earths limited resources.

The Life-Link programme also stresses the importance of "project management" **Lets Get Organised**. Any performed peace action or school-linking project must be carefully planned; *Failing to Plan is Planning to Fail!*

Performing small peace actions Locally and at the same time thinking and feeling Globally is in accordance with a behaviouristic pedagogic and psychologic strategy; man must adapt his/her behaviour within our common "living-room" on Earth.

Life-Link has partnership with the UNESCO Culture for Peace programme, and has been awarded the "World Aware Award 2000" by the Council of Europe. Life-Link has close ties with the Hague Appeal for Peace "Global Campaign for Peace Education". Life-Link is formally registered in Sweden as a Non Governmental Organisation NGO, an *Association* with regulated and controlled finances and regular board meetings and protocols. The official working language internationally is English. The Life-Link Manual 2000 is completely translated and printed into Russian and Spanish, and partly translated into Japanese and French. A translation and printing into Arabic language will be finished year 2005. The Life-Link present programme is edited out from a base of more than 1500 peace actions proposed by 179 schools in 55 countries year 1999, facing a new Millenium.

We believe that this programme with a holistic peace concept, but still with an accessible and concrete structure will benefit Youth, Teachers, Schools, Communities, States and finally but not least the Earth. Some specific beneficial points are listed below.

Welcome to perform at least one peace action at your school. You have surely several activities ongoing at your school that will qualify for reporting, and that will be an inspiration for other schools world-wide. Four Actions per year will merit a Life-Link Certificate for your school. The *Olympic Truce – Get on the Move action* (1:15) is in focus year 2005 and beyond.

Uppsala Sweden January 2005  
 Hans Levander  
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## **Who Benefits from the Life-Link Programme, and How**

### Youth

- Self-esteem, Health concerns and Hope for the Future
- Learning through practical projects and problem-solving
- Language and Communication training
- Collaboration
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### Teachers – Educators

- Global Classroom and Global Education
- Pedagogics for teaching-learning through problem solving
- Theory into Practice
- Conflict resolution and Mediation skills
- Interaction with community experts
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### Schools

- International curriculum
- Quality - Attractive reputation
- Peaceful relations
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### Community

- Favourable interaction: School-Parents-Community
- Campaigns – Clean Up, Water, Tree planting, Anti Drugs etc.
- Non-violence
- Caring and Sharing society
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### States and Countries

- Building confidence across borders
- Dialogue Among Civilisations
- Building Common Security
- From Culture of War to Culture of Peace
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### The Earth

- Reverence for Life and Biology on Earth
- Biological security
- Behaviour in Favour of Sustainable Development
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## **Proposed "2-hours" Actions and Projects – Overview**

### **Care for Myself**

- 1:01 My Thoughts – Visions – Beliefs – Attitudes – Behaviour
- 1:02 State of Mind – “Have a Rest”
- 1:03 Green Medicine Day
- 1:04 Healthy Food and Healthy Eating Habits
- 1:05 Voice of the Youth
- 1:06 Religions and Peace
- 1:07 Art Expression and Peace
- 1:08 Massage
- 1:09 Self-Confidence – “3 Small Actions a Day”
- 1:10 Drugs – Alcohol – Cigarettes – Steroids -
- 1:11 Violence – Effects on My Body and Mind
- 1:12 Sexually Transmitted Diseases
- 1:13 Global Citizenship – Taking Responsibility
- 1:14 Social Addiction – Gambling, Computers etc
- 1:15 Get on the Move!

### **Care for Others**

- 2:01 From a Culture of Violence to Culture of Peace/Care
- 2:02 Constructive Collaboration
- 2:03 Peer Mediation and Conflict Resolution
- 2:04 Land Mines and Guns
- 2:05 First Aid
- 2:06 Democracy
- 2:07 A Kindness Day and One Daily Action of Random Kindness
- 2:08 Multiculturalism
- 2:09 Children and War
- 2:10 The Rights of the Child
- 2:11 Contact Day
- 2:12 Community Service
- 2:13 Women Day – Men Day; Gender Equality
- 2:14 Handicapped People in Society
- 2:15 Anti-Harassment Program
- 2:16 Fair Trade
- 2:17 My Family
- 2:18 Poverty and Wealth

**Care for Nature**

- 3:01 SOS – Switch Off Something; Energy Resources and Sustainability
- 3:02 IDEAS - International Day of Environmental Action and Service  
(reported actions will be registered under the topic 3:03 Clean Up)
- 3:03 Clean Up the World Campaign
- 3:04 Endangered Animals and Plants - Biodiversity
- 3:05 Passing the Message: “RRR; Reduce-Reuse-Recycle”
- 3:06 Tree Planting Action
- 3:07 Dramas – Art – Music – Writing - Poetry; about the Environment
- 3:08 Water for Life
- 3:09 Transports At and Around Our School
- 3:10 Green School Garden
- 3:11 Chemicals and Nature
- 3:12 Bushfire and Forrest Fire Prevention
- 3:13 UNESCO World Heritage Programme
- 3:14 Biodiversity – Agenda 21
- 3:15 Contact with Nature

**Lets Get Organised**

*Inspiration, Project Management, Fundraising actions.*

- 4:01 Hope and Joy. “Jumpstart Hurray – Let’s Do It!”
- 4:02 Party for the World – Creating Public Awareness
- 4:03 “What’s Up” – E-mail and Website Reporting
- 4:04 Fundraising, Dances and Services
- 4:05 Teamwork Through Games and Challenges
- 4:06 Project Management
- 4:07 Eco Club
- 4:08 Festival of Music and Poems
- 4:09 Media Project
- 4:11 Life-Link Campaign – Forthcoming Actions and Agenda at Our School
- 4:12 Model Parliament – Students School Council
- 4:13 United Nations and Intergovernmental Organisations
- 4:14 Economy and Financing

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